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CLUB 470 - ORGANIZED APRIL 29, 1926 www.woodlandrotary.org

Meeting Date: April 30, 2024



Today's Meeting

President Karl Diekman called the meeting to order and had Tim Pettit lead us in the Pledge of Allegiance. Singers Dan Stroski and Steve Venables led us



in Rotary Grace.

Today's inspirational quote:

Inspirational Quote of the Day

Who said?

You must expect great things of yourself before you can do them

Michael Jordan

Visiting Rotarians We had no visiting Rotarians, except for our speaker, Phil Marler from the Sunrise Club.

Guests of Rotarians Brian Dwyer once again introduced Angela Lynn.



Lori Ross was joined by her son Derrick and her friend,



Joey.



Steve Venables introduced Chris Stamm.

Announcements



ANNOUNCEMENTS

- May 1 Mystery Golf
- May 7 meeting at Velocity Island look for an e-mail with details around the end of this week
- May 10 Multi-club social at San Bruno Lanes from 6-9pm Party Platters from Costco, expect \$5 charge
- June 25 Demotion working on details but expect it to be at the same time as our regular meeting time. Venue not selected yet.

President Karl encouraged us to attend the multi club social and the Woodland bowling alley (San Bruno Lanes). It will be a seven-club event, Woodland clubs, Davis clubs and Winters. The Demotion will be a noon time event, but at a different location to be announced.

Gary Bunch reminded everyone of the Big Day of Giving on May 2nd, and encouraged us to remember All Leaders Must Serve.

Ann Taylor was hoping someone would be attending the Host Breakfast in Sacramento



on May 10th so she could get a ride. No one said they were attending.



Birthdays





Anniversaries



Christian Sherrill and Holidae will have been married 20 years on May 8th.



Recognition

Jim Nolan was our finemaster for the day. He began by asking Dan Stroski to come to the podium to announce that Doctor Jim McGibbon made a \$1,000 donation to the Endowment on behalf of his beloved wife, Susan McGibbon.

Jim said that Susan believed in community service on both a professional level and personal level. She was a dedicated nurse for Citizens Who Care. On a

personal level she was dedicated to the nurturing and education of youth, both their children and



grandchildren and others. Susan was also instrumental in getting Woodland High School (and the District) to go to seven periods per day instead of six.

Happy Time: Lori Ross put in \$20 as she was thankful for all Susan McGibbon did for



the community. Ernie Hodges was thankful he playd golf for the first time in five years with Buzz Landis. He hit a few good shots and didn't fall.



Christian Sherrill missed the Dinner/Auction as he attended his son's little league game where his son hit a homerun (over the newly raised fences at the field).





Gina Bravo had a fun night at the Dinner/Auction.

Eric Sharp spent a week golfing in Indian Wells, and then three days in San Diego to see his daughter who is in college there. He was also happy Aniek's husband bought his lamp shade at the auction. Aniek might have a different emotion.



Tim Pettit had a wonderful trip to New York

visiting his sons. The vacation included a trip up the Hudson River Valley.



Finally, Jim sold the left-over liquor bottles from the Auction at a discount. Kris Kristensen and Dick Hoppin bought some. Some remained unsold, at least during the meeting.



Rags to Riches





Aniek Pflager won a free lunch.

Today's Program

President Karl introduced Phil Marler to advise us of the state of Pickleball in





Woodland. Phil is a

member of the Morning Club. He was introduced to pickleball in 2016 by Jeff Burger. Pickleball was invented in 1965 on Bainbridge Island, Washington after a group of kids were hitting an old wiffle ball with badminton racquets. Their dads made them some wooden paddles (to save the badminton racquets) and lowered the net. One of them had a dog named pickles, and the game was born. It is played by two to four players, indoors or outdoors, on a court the size and with similar markings to a badminton court. The net is slightly lower than a tennis net.

Why Is Pickleball So Popular?

- Easy sport to learn and play
- Small court area ¼ the size of a tennis court
 - Players have less area to cover
 - Usually you play with a partner so there is less running involved
 - This is why so popular with seniors
- Very low "equipment" costs
- Pickleball is FUN! Incredibly social; lots of laughter, joking, banter
- Pickleball is good exercise, 2-3 hours of play is a low impact way to stay in shape
- Pickleball grew 22% in 2020! There are over 4 million active players

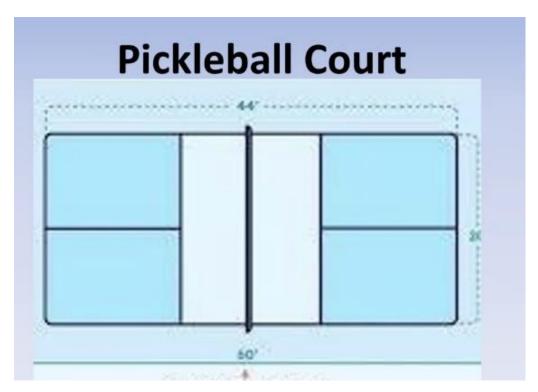
Beamer Park is the main pickleball courts. It is dual purpose, both pickle ball and tennis. Phil and other pickleball players formed the Woodland Area Pickleball Association (WAPA) to promote the game and get the City to have more pickleball courts. Currently Crawford Park is being renovated to be pickleball only with fences between the courts. Gonzales Park in Springlake has dual purpose tennis and pickleball courts. Two of the tennis courts at City Park have been striped for pickleball.

Woodland's Growing Pickleball Community

- Beamer Park only CoW outdoor Pickleball facility
 - Thanks to forward looking City Staff
 - Renovated Beamer Park tennis courts included four Pickleball courts
 - Pickleball players must supply their own nets
- Popularity of Pickleball in Woodland is growing
 - Additional courts will be essential to meet the demand
 - The Woodland Pickleball Committee would like to work closely with City Staff and the Parks and Recreation Commission to develop more outdoor facilities for play

Pickleball is growing in popularity nationwide and worldwide. There are now 36.5 million pickleball players in the U.S.





The net is in the center. The two areas in the center are the no entry zones, unless you have to get to the ball. Serving is from and to the diagonal courts as in tennis. A point is given on each



play.



Pickleball Equipment

Paddle:

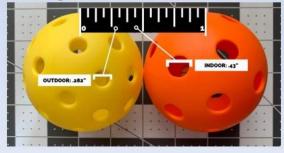
- First paddle a rough-cut piece of plywood; now made from graphite, carbon fiber, fiberglass, or wood.
- 2. Entry level paddles made of wood cost ~ \$18
- 3. Mid-level paddles ~ \$60 \$120, with a honeycomb polymer core
- 4. But typical of American ingenuity, we now have greatly "overengineered" paddles; cost \$250+ with descriptions like:

The LUXX Control Air Invikta paddle from Selkirk Pickleball uses 360-degree Proto Molding technology to fuse everything together, including the highly textured Florek Carbon Fiber hitting surface. This 11.1" long by 7.5" wide face is situated atop the 5.35" long handle to provide impressive leverage that adds a dash of power back into the Control Air to assist you on topspin drives and overhead put-aways. Bonded to the face you will find ProSpin+ NextGen Texturing for long-lasting spin-potential. These features team up to compress the ball and impart spin so you can win more points with precision rather than power(ala this paddle's sibling, the VANGUARD Power Air Invikta paddle). The Air Dynamic Throat keeps your reloads quick and smooth, and the ThroatFlex technology offers even more consistency for your controlled playing style.

Pickleball Equipment

Balls

- 1. First ball was a regular ol' baseball style wiffle ball
- 2. Balls are typically made from either Polyethylene or Polypropylene
- 3. Usual colors: Orange or Yellow
- 4. Outdoor Balls: 40 "smaller" holes, heavier, harder
- 5. Indoor Balls: 26 "larger" holes, lighter, softer



When it rains and in the Winter pickleball is played in the main gymnasium (Kevin and Lorie Haarberg Gym) at the Community Center.

Pickleball Equipment

Shoes

- 1. Best to get shoes made for Pickleball
- 2. Running and walking shoes are not recommended:
 - Not designed for this multi-directional movement. Running shoes are built for the heel-to-toe stride.

Playing pickleball in running shoes makes you vulnerable to rolling an

 Tennis shoes are generally designed for lateral movements, while pickleball shoes cater to both lateral and forward movements.



Since My Presentation to the Woodland Parks & Recreation Commission?

- WAPA Created: Woodland Area Pickleball Association a 501c3 organization
 - "Area" because we attract players from Davis, Vacaville, Dixon
- Parks & Recreation Commission appears to have adopted a policy that any new or renovated tennis courts be multipurpose with tennis and pickleball
 - Rick Gonzales Park in Springlake
- WAPA painted two additional Pickleball courts at Beamer Park; City Staff painted six courts at Crawford

WAPA



- woodlandpickleball.com
- WAPA FacebookPage:

https://www.facebook.com/woodlandpickleball

- GOALS OF WOODLAND AREA PICKLEBALL ASSOCIATION
 - To promote Pickleball throughout the Woodland area
 - To introduce Pickleball to new players of all ages
 - To promote intergenerational play open to all skill levels
 - To encourage sportsmanship and camaraderie
 - To organize play locations and times
 - To develop Pickleball clinics for skills improvement at all levels of play
 - To hold competitive events, recreational events and social events
 - To work with the City of Woodland to improve existing court conditions
 - To advocate for new and improved Pickleball courts in cooperation with the City of Woodland, including permanent and dedicated Pickleball court
- Current WAPA Membership: 170+
- Annual Dues: \$25

WAPA



woodlandpickleball.com

Typical Weekly Schedule:

Tuesday: 8:30am - Intermediate/Advanced Mixed - Beamer Park

9:00am- Beginner/Intermediate – Gonzalez Park (Crawford)

5:00pm- Beginner/Intermediate – Mixed – Beamer Park

Wednesday: 1:00pm – All levels Mixed – Gonzalez Park (Crawford)

6:00pm- NEW Players/Novice Mixed - Beamer Park

Thursday: 8:30am – Intermediate/Advanced – Beamer Park

9:00am- Beginner/Intermediate - Gonzalez Park (Crawford)

5:00pm- Beginner/Intermediate - Mixed - Beamer Park

Friday: 9:00am – All levels Mixed – Gonzalez Park (Crawford)

5:00pm – Intermediate/Advanced – Beamer Park

6:00pm – All Levels Mixed – Beamer Park

Sunday: 11:00am – New Players Mixed – Beamer Park



After Phil's presentation, Kevin Haarberg auctioned off a couple of pickleball paddles.



He sold them to Gary Bunch for \$100.

Upcoming Programs

Next week we are at Velocity Park.

May 14th we have: 14: **David Greenwald**, Founder, Editor & Executive Director, Davis Vanguard; **'Current Trends Being** Covered'; https://www.davisvanguard.org/

